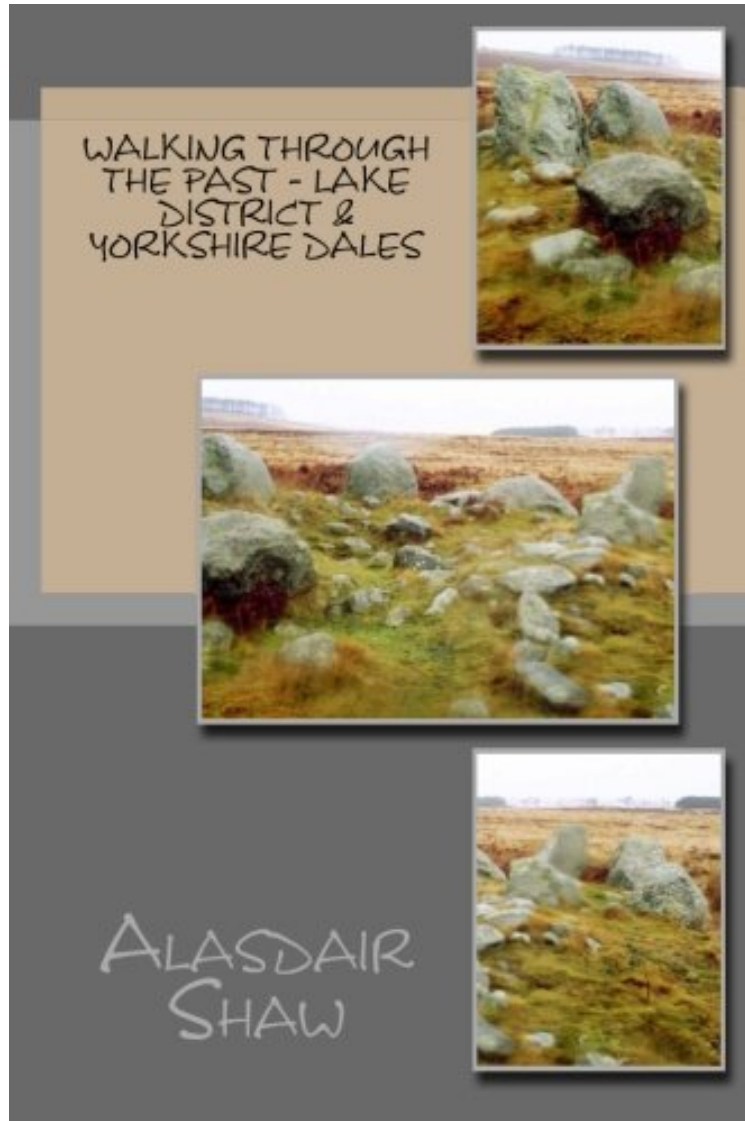


(Library ebook) Walking through the Past - Lake District Yorkshire Dales

## Walking through the Past - Lake District Yorkshire Dales

*Mr Alasdair C Shaw*

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Update: 20/4/13 Map added to each route. You can also view the routes on OS maps online and even download them to your GPS by going to <http://my.viewranger.com/user/details/36040> (for a video so see how they work go to

<https://www.youtube.com/watch?v=7LJDRnvtFY> Buy this book and download the colour Kindle version for free. Archaeoroutes are a range of routes, mostly in wild places, which visit archaeological sites. They include pictures and descriptions of the sites. "great looking routes" - ViewRanger This volume covers walking in the Lake District and walking in the Yorkshire Dales. These areas contain stunning mountains and beautiful valleys. The walks in this book range from gentle walks to full-on mountain days. The Lake District is a mountainous area north of Morecombe Bay. The steep sided valleys are connected high passes. The area was heavily glaciated. The highest point is Scafell Pike at 977m. The Yorkshire Dales are a region of limestone hills and mountains. The valleys are dramatically glaciated and eroded by water. The whole area is riddled with caves. The highest point is Whernside at 736m. A good present for a walker or amateur archaeologist! See <http://www.archaeoroutes.co.uk> for more information about this series...

About the AuthorThe author grew up in Lancashire, within easy reach of the Yorkshire Dales, Pennines, Lake District and Snowdonia. After stints living in Cambridge, North Wales and the Cotswolds he has lived in Somerset since 2002. He has been climbing, mountaineering, caving, kayaking and skiing as long as he can remember. Growing up he spent most of his spare time in the hills. Landscape archaeology has always been one of his interests - "When you spend a long time in the outdoors you start noticing things and wondering how they came to be there". At university he chose geophysics as one of his options. He is an experienced mountain and cave leader, holding a range of qualifications including ML, SPA and LCL. He is also a course director for climbing and navigation award schemes. For more about Alasdair Shaw, and to see what else he has written, have a look at <http://www.archaeoroutes.co.uk/alasdairshaw>