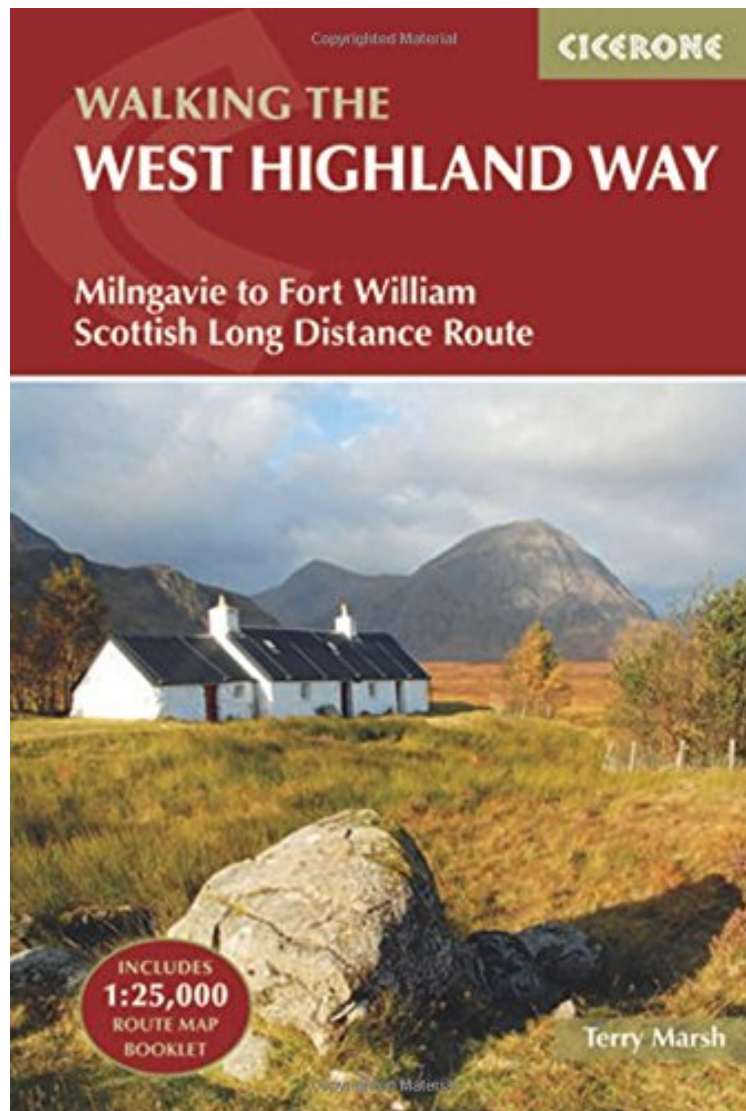


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Walking the West Highland Way: Milngavie to Fort William Scottish Long Distance Route (UK long-distance trails series)

Terry Marsh

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Terry Marsh : Walking the West Highland Way: Milngavie to Fort William Scottish Long Distance Route (UK long-distance trails series) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Walking the West Highland Way: Milngavie to Fort William Scottish Long Distance Route (UK long-distance

trails series):

The perfect adventure for distance walkers keen to discover the wild beauty of western Scotland, this guidebook, which includes a convenient separate booklet of 1:25,000 OS maps, contains all the information needed to complete the West Highland Way, a 95-mile trek from Milngavie near Glasgow to Fort William. The official Scottish Long Distance Route, one of Scotland's Great Trails, is described in seven stages with suggested itineraries of 6, 8 and 9 days. Included with the guidebook is a handy pocket-sized 1:25K map booklet, providing all the mapping needed to complete the walk. Passing from the lowlands to the highlands, Scotland's West Highland Way showcases a real shift in character. The changing landscape – from majestic moorland to sweeping farmland to the splendour of glens flanked by great mountains – is one of the great delights of the Way. Listed by National Geographic as one of the world's top 10 best trails, the West Highland Way was the first European route to become part of the International Appalachian Trail (IAT), providing the core of the IAT-Scotland trail from the Mull of Galloway to Cape Wrath. Rich in history, much of the route pursues ancient drove roads or old military roads built to help surpress Jacobite clansmen. The guide includes a detailed route description for the classic 'south-north' route, as well as a summary description for those walking the trail in the opposite direction. Also included is information on the region's geology, geography, history, culture and cuisine, as well as a useful trek planner which highlights information about accommodation, facilities and public transport along the way. What's inside? 1:25K map booklet, providing all the mapping needed to complete the route handy practical hints to help plan and prepare points of interest along the way About the author Dr Terry Marsh is a Lancashire-based award-winning writer and photographer who specialises in the outdoors, the countryside, walking and travel worldwide. He has been writing books since the mid-1980s, and is the author of over 100 titles.

About the Author Terry Marsh is a well-known outdoor writer. As a leading light in the Outdoor Writers and Photographers Guild, he has written extensively on long-distance trails in the UK and also about Scotland's national parks.