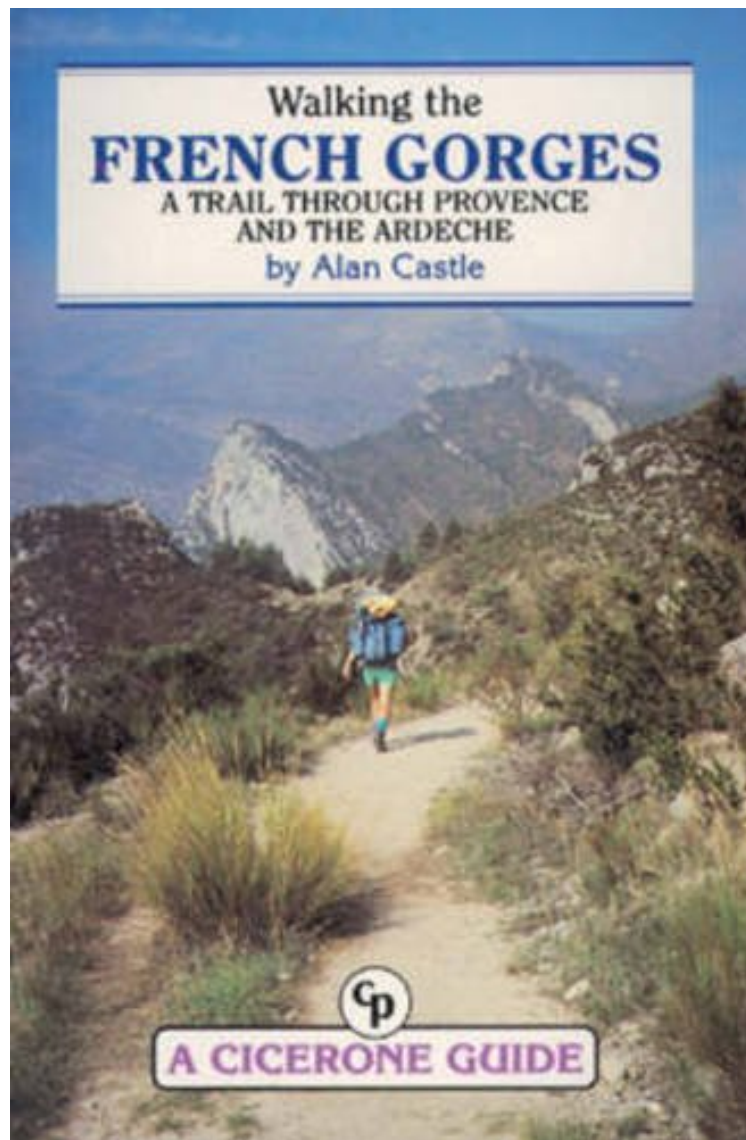


(Download free ebook) Walking the French Gorges: Trail Through Provence and the Ardeche

## Walking the French Gorges: Trail Through Provence and the Ardeche

*Alan Castle*

*DOC | \*audiobook | ebooks | Download PDF | ePub*



DOWNLOAD



READ ONLINE

#4615726 in Books 1993-01-01Original language:EnglishPDF # 1 6.93 x .59 x 4.571, #File Name: 1852841141216 pages | File size: 64.Mb

**Alan Castle : Walking the French Gorges: Trail Through Provence and the Ardeche** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Walking the French Gorges: Trail Through Provence and the Ardeche:

Provence and Ardeche offer some of the most delectable walking in all France. This guidebook describes a 320 mile route, in 26 daily stages, from the Cote d'Azur to the Massif Central, including a trek along the dramatic Grand Canyon of the Verdon and an ascent of Mont Ventoux, the highest summit in mainland France outside the Alps and Pyrenees. Full of variety, the walk visits Provençal mountain villages, fields of lavender, limestone mountains and the world-famous vineyards of the Rhone valley. Excellent public transport enables the walk to be easily divided into one- or two-week holidays. Details of accommodation, transport and other facilities on and off route are included, as well as invaluable practical information for newcomers to walking in France. Those visiting the area on holiday can sample parts of the trail by a number of day walks.

About the Author Alan has trekked in over twenty-five countries within Europe, Asia, North and South America, Africa and Australasia, and for seventeen years led organised walking holidays in several European countries. A member of the British Outdoor Writers' Guild, he has written more than a dozen walking guidebooks, several on long distance mountain routes in France. His longest solo walks include a Grand Traverse of the European Alps between Nice and Vienna (1510 miles), the Pilgrim's Trail from Le Puy to Santiago de Compostela (960 miles) and a Coast-to-Coast across the French Pyrenees (540 miles). A Munroist and erstwhile National Secretary and Long Distance Path Information Officer of the Long Distance Walkers Association, Alan now lives at the foot of the Moffat Hills in Scotland, in the heart of the Southern Uplands. Alan's first encounter with the Southern Upland Way was in 1995, when he backpacked the full length of the trail. A decade later he repeated the complete trail a second time, this time mainly using bed and breakfast and hotel accommodation, in order to research this guidebook. He has travelled extensively on foot in most areas of the Southern Uplands, having climbed all of the Donalds and most of the other hills above 500m in height, and traversed them from south to north in 2003 as part of his walk between Land's End and John o'Groats.