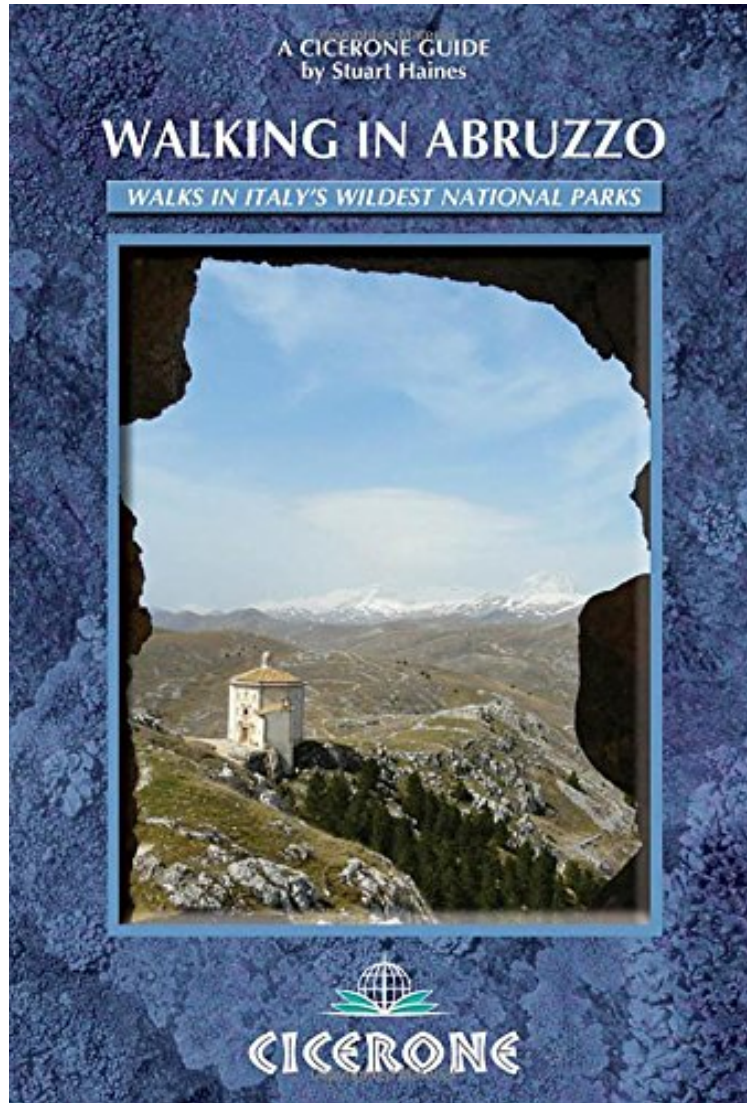


(Free) Walking in Abruzzo (Cicerone Guides)

Walking in Abruzzo (Cicerone Guides)

Stuart Haines

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Stuart Haines : Walking in Abruzzo (Cicerone Guides) before purchasing it in order to gage whether or not it would be worth my time, and all praised Walking in Abruzzo (Cicerone Guides):

0 of 0 people found the following review helpful. A good source of information on mostly day hikes.By Charles OltorfThis book provides descriptions of 30 walks in the Abruzzo region of Italy The walks range in distance from 4 km to 24 km and are mostly easy to moderate in difficulty. The routes seem to be described well although I have not yet attempted to do any of them following this book's directions. There is a section in the front of the book describing the geology of Abruzzo and with practical information such as how to obtain maps, etc. Unfortunately, the favored

source of maps, Club Alpinismo Italia, does not accept orders from America. I think that there perhaps could have been more information regarding potential walks not included in the book and how to find such walks, but, as I said, the book describes how to obtain maps which might be a source of this kind of information. Maybe if I lived in Europe I would not have this complaint.

0 of 0 people found the following review helpful. A Beautiful Region to Visit By SwissMiss This is a well-written book describing walks on an array of difficulty levels in one of Europe's most pristine areas. Abruzzo's hill towns area to be savored, and this book contributes to experiencing them in a way that is long-remembered. It is an excellent accompaniment to Blurette Matthey's travel mystery set in Abruzzo, *Abruzzo Intrigue*.

5 of 5 people found the following review helpful. Suggests good hikes; but be wary that you will most likely get lost By a reader The value of this book is as an introductory overview for hiking in Abruzzo. The author has clearly spent a lot of time in the region. The book suggests some really good hikes and describes some really neat places. As a true "guidebook," it has problems. If you plan to rely solely on this book as your guide, you will have many moments of frustration when you can't figure out where to go. In some cases, the book descriptions are not detailed enough to follow. In other cases, the way markers that the author refers to are no longer there. In still other cases, the signs marking the trails are not nearly as easy to follow as the book suggests and/or have been changed from the time that the book was printed. The book also does not always accurately indicate the amount of time it takes to complete a hike - even given the variances of hiking speeds based on age, fitness, etc. I would not recommend using this book on its own. You really need to make the investment of money to purchase actual maps of the parks available at Edizioni Il Lupo. The maps, though expensive and not always up to date with latest trail numbers, will help you to find your way at times when the guidebook lets you down. Basic orienteering skills with a map and a compass are also recommended - especially for the back country hikes where getting lost can mean real trouble. Abruzzo is a sparsely populated region and it is possible to get lost for days without seeing people and caught in places without cell phone coverage. Lastly, Italian language skills are really needed if you plan to use this book as your guide. A lot of the hike routes that go through towns are very hard to follow using the book alone. You WILL need to ask locals for help and very few of them know English. Hiking in Abruzzo is not as simple as picking up this book and buying a plane ticket. Additional planning, skills, research, and maps are highly suggested.

In 30 route descriptions, this guide covers all the wonderful walking country to be found in Abruzzo, one of the wildest and least populated regions of Italy. Its natural riches are protected in three national parks (Maiella, Gran Sasso and Abruzzo). Abruzzo is in the Apennine mountains centred on Sulmona and between L'Aquila and Castel de Sangro. The detailed walk descriptions are enhanced with color sketch maps and photographs and plenty of local information including accommodation, transport, access, getting there, holiday bases, geology, distances, ascents, parking and useful contact details.

About the Author Stuart Haines explored Europe's mountains for many years before settling in the Apennines of central Italy, where Abruzzo became his playground and inspiration. There he indulged his passions of walking and exploring. Now a resident of both Bristol in the UK and Sulmona in Italy, he runs a walking holidays business in Abruzzo and loves to help people explore.