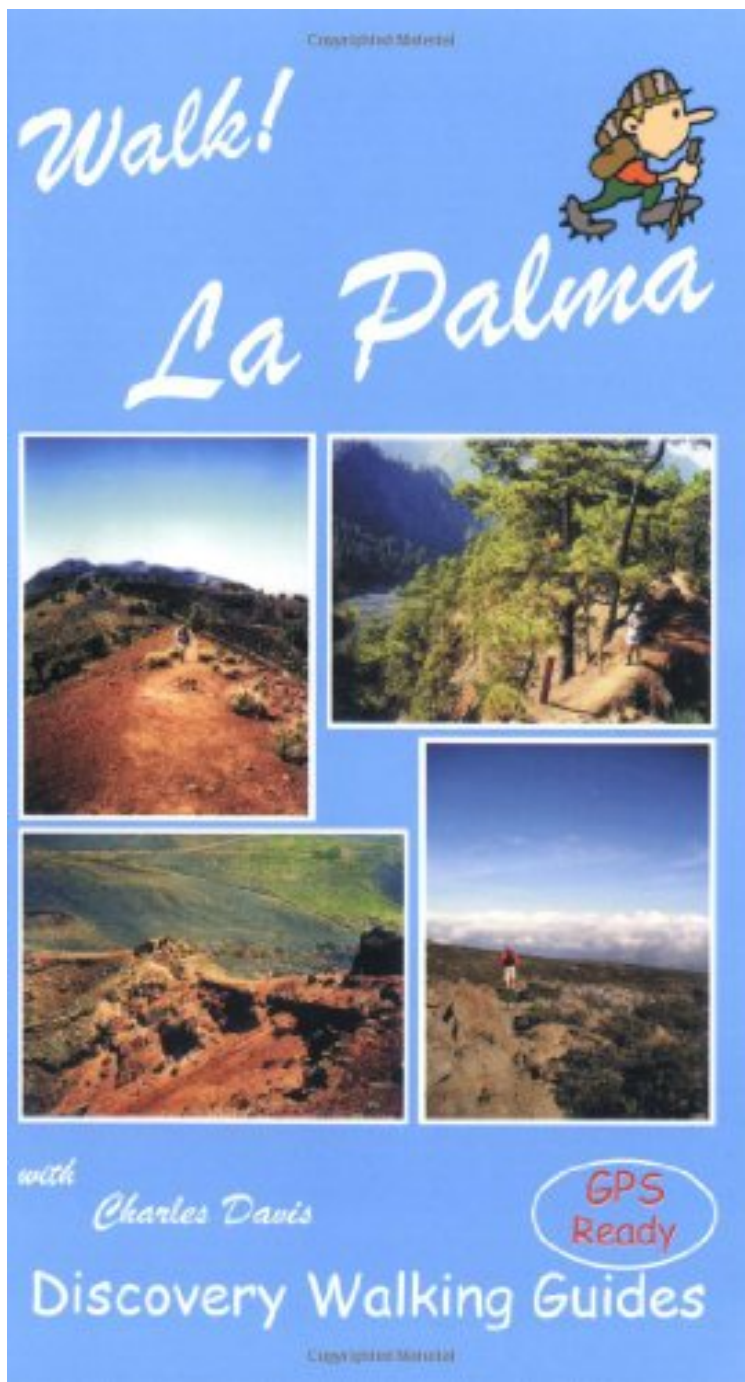


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## Walk! La Palma

*Charles Davis*

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**Charles Davis : Walk! La Palma** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Walk! La Palma:

0 of 0 people found the following review helpful. the world's steepest island by europe's best walking authorBy European TravellerI'm big fan of Charles Davis and on La Palma he really comes alive. Some routes are a bit more exciting than I had expected but you know this guy has been there, done that, and told you how to recreate his adventure.

Walk! La Palma includes 34 fully detailed walking route itineraries. Each walking route itinerary includes:- walking route summary - ratings for Effort, Time, Distance, Ascents/Descents, Refreshments and Vertigo risk - fully detailed walk description, including frequent timings to aid navigation and check your progress - GPS Waypoints at every key point on every route where there is good gps reception - full colour 1:40,000 scale map of the route - short walk and stroll alternatives There are some easy routes. There are some challenging routes for fit experts. With Charles Davis' excellent walk descriptions you'll know which routes are for you - and all of them are a true adventure. The steepest island in the world, the deepest crater, the clearest skies: volcanoes you can climb without being shot into orbit; a subtropical forest minus the slimy things slinking up your trouser leg; black beaches, blue seas, high mountains, vegetation that is literally flamboyant, everything linked by 1080 kilometres of waymarked paths; and all virtually untouched by tourism. If this sounds divine or like some lost paradise, you're not the first to think so, previous commentators have identified La Palma as the prototype for both the Elysian Fields and Atlantis! The fanciful stuff aside, the island is a walker's idyll, utterly tranquil, verdant and almost unspoiled. Full GPS Track and Waypoint files for Walk! La Palma are included on the Personal Navigator Files CD published by Discovery Walking Guides. Synopsis 34 detailed walking route itineraries. Each of it includes:- walking route summary; ratings for Effort, Time, Distance, Ascents/Descents, Refreshments and Vertigo risk; and more. It also provides background information along with details of accommodation, buses, official walking routes, mountain biking, museums, and information offices.