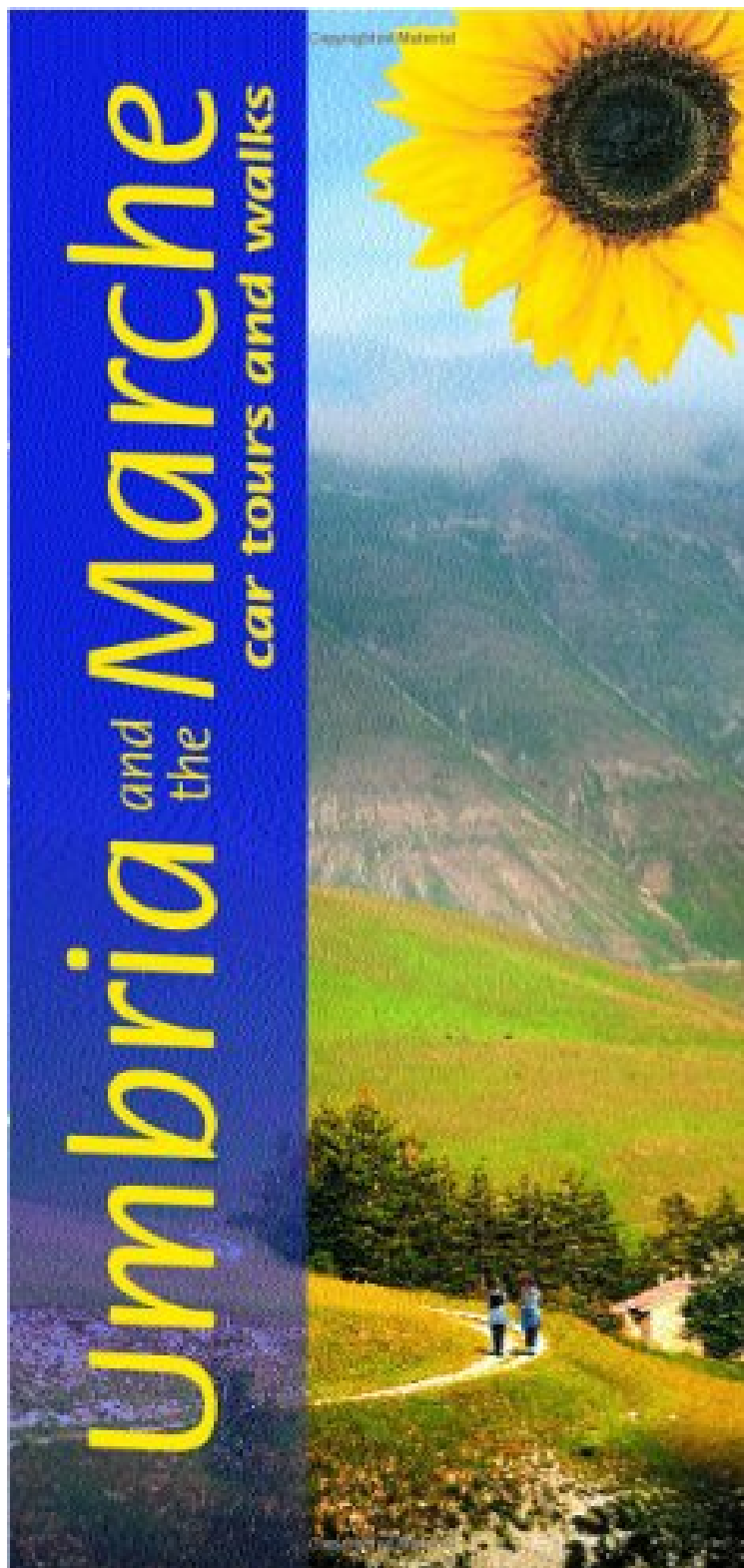



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## Umbria the Marche Landscapes Series

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**Sunflower Books : Umbria the Marche Landscapes Series** before purchasing it in order to gage whether or not it would be worth my time, and all praised Umbria the Marche Landscapes Series:

Pocket-sized full-colour guide describing eight car tours and 37 main walks (with many variations). Umbria promotes itself as 'Italy's Green Heart', and this description applies equally well to the lesser-known neighbouring region of the Marche. The main focal points of this guide are the two most beautiful areas of the Apennines in the area - the idyllic, deeply-etched valley of Valnerina in Umbria and the legendary Monti Sibillini which rise to almost 2500m and lie mainly in the Marche. Naturally there is a wealth of art and architecture to be seen en route, whether you travel by car or on foot: everywhere you go, you come upon villages, castles, monasteries and farms which even today make beautiful pictures straight out of the Middle Ages. The guide contains fold-out touring maps, large-scale (1:50,000) topo walking maps and transport timetables for all the walks (where relevant). Free on-line update service. Series (50 destinations) dubbed 'the blue Bibles' by the Sunday Times.