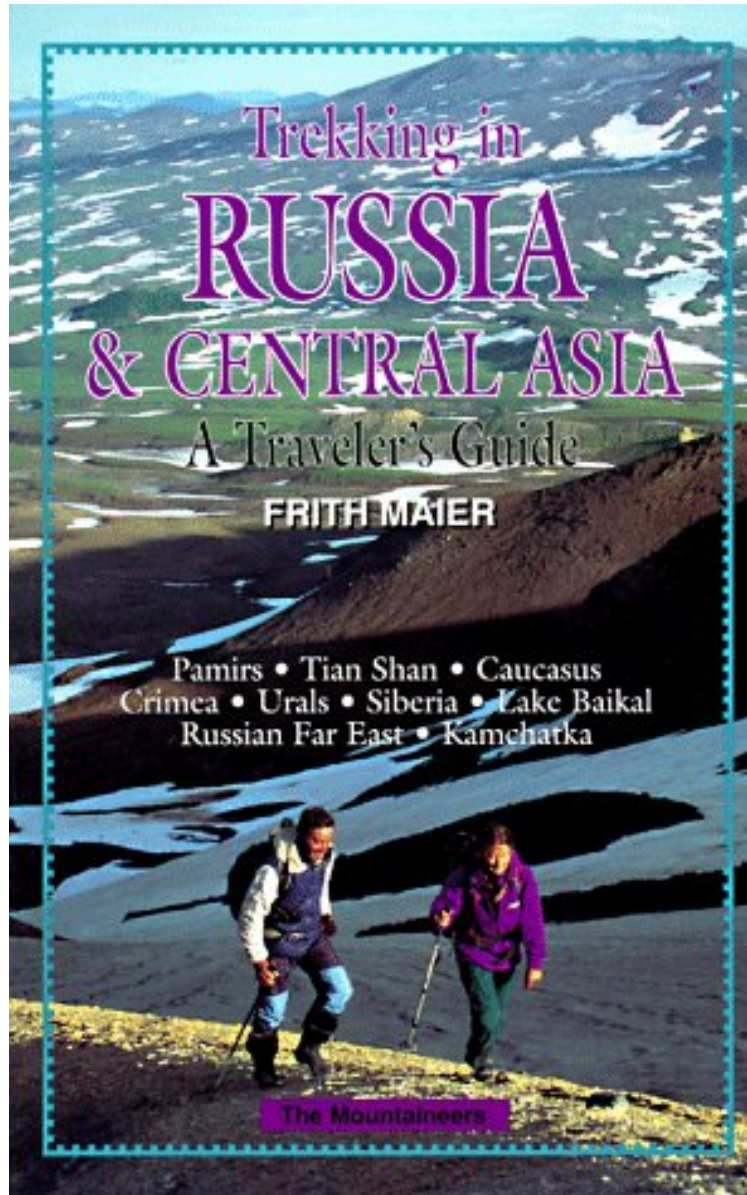


(Free read ebook) Trekking in Russia and Central Asia

Trekking in Russia and Central Asia

Frith Maier

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Frith Maier : Trekking in Russia and Central Asia before purchasing it in order to gage whether or not it would be worth my time, and all praised Trekking in Russia and Central Asia:

0 of 0 people found the following review helpful. Not very useful on the trailBy Matt EbnerI can only imagine what a huge undertaking it was for the author to write about such an extensive area's treks, but as other reviewers have said, the actual info for a given trek tends to be quite sparse (I especially read the Tian Shan chapter about the hikes in

Kyrgyzstan). The book does give some ideas, but is not very practical to use as a sole guide. As of 2014 the information is way out of date, so is not very useful on the trail. As a used book for a fraction of its list price, it might be worthwhile, but a trekker is going to need additional updated information. 3 of 4 people found the following review helpful. Good for Inspiration, Very Poor as a Guide By Laszlo Wagner While this book may be interesting to those who have not been to Russia/CIS yet and have no other sources of information, those who have and were expecting more detailed practical info on trekking will be sorely dissatisfied. It does have lots of background information on various regions that are of interest to hikers, but unfortunately it is EXTREMELY thin on practical details. It tends to write pages about how interesting a region is in general, before finally moving on to "describe" a single trek of several days' length in maybe 10 lines or so! This is particularly bad in the sections about Asian Russia - the European part is covered a bit better. The maps and trail descriptions are all but useless for those planning to attempt the hikes on their own. Finally, the general advice on travel/hiking in Russia in the introductory section is so out of date now - having been written more than a decade ago - that it is of very little help either. All in all, if you want to read about how nice places await discovery out there, you will get your fill. Just don't expect this book to be of much help in actually trying to "discover" them! 9 of 12 people found the following review helpful. an indispensable resource for getting into the mountains By A Customer I spent 5 weeks this summer traveling and mountaineering in Central Asia, primarily in the Tien Shan Mountains. Maier's guidebook, *Trekking in Russia and Central Asia*, was extraordinarily helpful for planning my travels and choosing destinations while travelling. It provided the essential information I needed to get into mountains. The maps and trek descriptions were almost always accurate, and the glossary in the appendix was very useful for breaking down language barriers. I'd rely on it again for future trips.

Pristine mountains, blooming deserts, rolling steppe, wetlands and forests thick with wildlife. . . . This is Russia? Indeed it is, and this is the first book to expertly guide you through its once-forbidden wilderness. Whether you use this guide to hike through Silk Road villages, climb remote peaks, or just take an overnight trip out of the city, these treks are sure to shatter any preconceived notions you had about the former Soviet Union. For the latest wisdom on navigating this land of eleven time zones, dozens of ethnic groups, and ever-changing bureaucracy, count on Frith Maier's ten years of experience pioneering foreign adventure travel. Includes: - 50 treks and adventures of various skill levels- Indispensable cultural background- Up-to-date information on travel conditions, finding accommodations and food- 61 authoritative maps unavailable anywhere else- How-to-do's on hiring guides and tour companies- Trip planning tips, environmental considerations, health safety advice- Handy Russian phrases and terms for trekkers

From Library Journal Maier, a Seattle resident who has spent nearly a decade hiking and climbing in the former Soviet Union and who directs REI Adventures' Soviet operations, has created a guide to trekking and climbing in that part of the world. The book's introduction includes information on trip preparation; Russian culture, food, and currency; health and safety considerations; and a fascinating discussion of the history of mountaineering in Russia. Three major sections cover hiking in western Russia, Turkestan, and Siberia and the Russian Far East. Each section provides information on the natural history and culture of the region and advice on when to go and where to stay. Because of the vast geographical area covered in this trail guide, many of the hikes are not presented in the detail to which American hikers may be accustomed, but this valuable guide fills a void in hiking literature and will be an important addition to serious outdoor adventure and Russian collections. Pamela Bellows, Northwestern Connecticut Community Technical Coll. Lib., Winsted, Ct. Copyright 1994 Reed Business Information, Inc.